



### Welcome

Ailsa Lodge is a purpose built Care Home that provides a superior standard of accommodation. The Home is designed to promote small group living, providing accommodation for 36 residents. Although equipped with every modern comfort, Ailsa Lodge nevertheless retains an air of unhurried tranquillity, a welcoming atmosphere and a sense of family that ensure residents feel relaxed and at home.

To make guests truly at ease requires dedicated staff. We have a team of staff who have an intuitive understanding of Ailsa Lodge's tradition of care, hospitality and service and our residents are entrusted to them, certain that they practice these old-fashioned values in relaxing comfort.

Whilst staying with us you will enjoy charming surroundings, hand-prepared cuisine and quality care, and from the moment you walk through the door of Ailsa Lodge Care Home you will find a very warm welcome.

#### **Members of Staff**

We recognise the importance and value of our staff, and ensure they have the skills necessary to carry out their respective jobs. You can be confident that the number of staff on duty at all times will be sufficient to provide full support and meet your care needs.

Our uniformed staff all wear badges identifying them by name and designation.

Our Home Manager has many years' experience working within Care Homes and has overall responsibility for the day-to-day management of the Home and for general resident welfare. If you have any queries or suggestions we would welcome the opportunity to discuss these matters with you.

Senior Carers are responsible for carrying out all procedures and ensuring an excellent standard of care is received by all residents.

Care Workers are responsible for meeting the personal and social care needs of our residents in a way which respects their dignity and independence.

Our Head Chef is responsible for menu planning, food preparation and food hygiene; catering staff are all "Working with you to make every resident's stay as comfortable as possible."

experienced and home baking is a speciality. All baking and meals are freshly prepared on the premises for your enjoyment.

Our Activities Co-ordinator is responsible for coordinating and planning our extensive programme of recreational activities and outings.

Domestic staff are responsible for cleaning within the home and ensuring that the required high standards are maintained, and laundry staff are responsible for laundering all personal clothing.

Our Handymen are responsible for the day-to-day repairs and maintenance of the building, while local gardeners maintain the lawn and landscape gardens to provide an attractive, colourful setting.

### **Accommodation**

Accommodation throughout the Home is of the highest possible standard with carefully selected furnishings to give a sense of quality and attention to detail.

We have available a number of seating areas within Ailsa Lodge where you can choose to sit in a large lounge area or as a smaller group in one of the other two seating areas, whichever you prefer. We have a large dining area where residents can have their meals if they choose so. Or if they prefer, meals can be served in their room. We also have a small room where relatives can have a meal with their loved ones and enjoy some privacy.

The gardens of Ailsa Lodge are landscaped with lawned areas, trees, shrubs and flower beds. Residents are encouraged to sit and enjoy the views in a tranquil setting. There is paved access to allow for excellent mobility of wheelchairs.

For security, the gates to and from the rear garden area are locked and can only be opened using a code. This ensures all residents are safe and allows them complete freedom. Many residents and their families enjoy passing time in the garden.

We have complimentary wifi throughout the home including individual bedrooms. The majority of our rooms have an en-suite facility; each is spacious with an attractive outlook and is decorated and furnished to a very high standard. To reflect your own individual tastes we encourage residents to feel free to have any articles of furniture, framed pictures and photographs in your room.

We love having well behaved dogs to visit. Your friends and family are welcome to bring your favourite furry friends along at any time, as long as they are on a lead.

"Modern contemporary surroundings finished to very high standards."

### Care at Ailsa Lodge

At Ailsa Lodge we provide twenty-four hour care for our residents.

Our Home Manager is supported by a dedicated care team, each of whom have a particular interest in care of the elderly and are experienced in caring for those with physical disabilities, those who are terminally ill, those with high dependency needs and those who become infirm.

The Deputy Manager and Senior Care Assistants have responsibility in ensuring that we deliver a high standard of care and work along with professionals and relatives to ensure that we meet the needs of the residents. An assessment will be carried out prior to admission to ensure that the team at Ailsa Lodge can meet the needs of your loved one.

After admission a Keyworker will be allocated, who will become a familiar face and will ensure any queries or anxieties you or your relative may have are dealt with promptly.

# **Alarm Call System**

Should you require the assistance of a carer at any time of the day or night, there is a call system fitted throughout the building including your bedroom, so you will receive attention at the press of a button.

#### **Medical Care**

We make personal plans for each of our residents for actions in the event of a sudden illness or other emergency. This includes notification of your next of kin, or others as agreed and recorded in your plan.

### **Spiritual Care**

We encourage visits by Clergymen of all denominations to the residential home to provide for the spiritual needs of the residents. Alternatively, you may wish to attend your own church with family or friends.

### **Physiotherapy**

If physiotherapy is medically prescribed, your primary carer will be pleased to arrange this service for you, or if you prefer private arrangements can be made.

# **Chiropody & Podiatry**

We have a private chiropodist and podiatrist who will be delighted to attend to your needs at least once every eight weeks and more regularly as necessary.

## **Optical Service**

The optician makes regular visits to the care home to carry out eye tests and the aftercare service is exceptional. This is currently a free NHS service however additional costs may occur if out with the NHS recommendations.

#### **Dental Service**

We have a dental practice that visits the care home to monitor the residents' dental needs. This service is free dependent on benefits.

# **Audiology (Hearing)**

The audiologist visits the home on a regular basis to monitor and repair hearing equipment. This currently a free NHS service.

"The comfort and care of our residents is our primary focus."

## Life at Ailsa Lodge

At Ailsa Lodge Care Home we believe in creating a true home-from-home environment: our dedicated staff are delighted to cater for your every need. We've highlighted some key information below on life at Ailsa Lodge – however, if you would like any further information please don't hesitate to get in touch.

### **Cuisine**

We pride ourselves on the high standard of appetising meals served, all prepared from fresh produce by our qualified catering staff.

Good, nutritious food and drink are very important in keeping and improving your health. Our staff will soon get to know your food preferences and any dietary needs which are recorded in your personal care plan.

Menus are displayed daily and offer an extensive choice for each meal with a selection of home baking served daily. "A varied and appetising menu to suit every need and taste."

Our breakfast, two course dinner, high tea and home baking, combine to offer a splendid variety of choice.

Meals are served in our dining room. Beverages and snacks are served throughout the day in the lounge areas. Room service is also available.

### **Activities**

Our Activities Co-ordinator arranges a weekly and monthly programme of daily entertainment and activities in consultation with our residents.

Typical activities include games, discussion groups, gentle exercise, music workshops, arts and craft classes and special outings.

Our mini bus, which is adapted for wheelchairs, enables residents to go on organised trips and visits to local places of interest. Bus runs are encouraged at least twice a week as we know the importance of getting out and about in the local area to be part of the community. We also travel further afield to bring back old memories and create new ones too.

A range of books, DVDs, CD's and books with audio tapes can be found in Ailsa Lodge.

We also book external activities and entertainment such as various singers, Fit-Baw, Lingo Flamingo, Therapy Pets etc.

### Hairdressing

A qualified resident hairdresser visits the home once a week. Prices for this service are displayed on the notice board. You are free to have a hairdresser of your choice visit the home or you may prefer to attend a local hairdressing salon.

## Library

A wide selection of reading material can be found in our well-stocked library. Large print books are available and changed regularly.



### **Newspapers & Journals**

A wide selection of newspapers and journals are delivered to the home daily. Arrangements can also be made to have your own newspaper or journal delivered.

#### Mail

Incoming letters and parcels are delivered daily. Residents who are unable to post their own mail should discuss alternative arrangements with the Home Manager. Where the resident requires additional support or has a POA/guardianship in place we will seek consent and instruction from them.

### **Telephones**

Many of our residents have mobile phones, but if you would like a landline installed in your room, arrangements can be made for a separate line to be installed.

### **Visitors**

There are no set visiting times; friends and family are welcome to visit as often as they want. We ask that you try, if possible, to avoid calling or visiting during lunch and dinner times, so between 12.30pm and 1.30pm, 4.30pm and 5.30pm. Also, for reasons of security, it is helpful to know if any visitors are expected after 8pm.

## **Laundry**

We have a dedicated team of in-house laundry staff who will undertake all your laundry requirements. We ensure that all items of clothing are identifiable by the person's room number. Clothing should also be suitable for machine washing/tumble dry cycles. Dry cleaning is also available at an additional cost.

# **Smoking**

Ailsa Lodge Care Home operates a No Smoking policy within the building and its grounds with the exception of the designated external smoking area.

### **Inspection Report**

All Care Homes are inspected by the Care Inspectorate annually to ensure that the National Care Standards are consistently met and sustained. The report detailing their findings and recommendations are available to all residents, families and staff, a copy being displayed on the notice board. A personal copy can be requested from the Care Inspectorate or online at www.careinspectorate.com

"We welcome family members and visitors and hope that they become part of our small community."





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Ailsa Lodge Care Home is part of the McKenzie Care group of homes